

A Message from the Rousseaus:

This year marks the start of 37 years offering Maine hockey players the opportunity to better enjoy the great game of hockey. What started as a small power skating clinic in 1986 has grown to the states most active hockey school. Since 1986 we have had the privilege to train with more than 10,000 Maine hockey players. Today, Rousseau's Hockey clinic trains nearly 600 hockey players each year.

Our family grew up playing and teaching hockey, and the game has served as a powerful agent in our own personal development. Further, we have made many long-lasting friendships along the way. Hockey has provided us with the opportunity to spend time together and to develop a lifelong emphasis on learning, fitness and growth. Rousseau's Hockey Clinic is a family run hockey school, and we consider ourselves fortunate to still be able to skate with our Dad and with each other and to have the opportunity to share the same experiences with our own children.

Rousseau's Hockey Clinic began with a core philosophy that players with better skills have more fun playing hockey. We believe that hockey can only truly be enjoyed through hard work and commitment. We also believe that hockey can be used as a tool to develop a young person's life skills. We are proud of the fact that we have not wavered from this philosophy and our passion for helping our students better enjoy the game endures.

Each year we receive several testimonials from past students sharing their positive experience with our program and the advances that they have made in their hockey skills and enjoyment of the game. What really warms our hearts are the experiences that they share citing the impact that our program and teachings had on their lives and how they are now passing these values on to their children.

We are a family of hockey coaches and have been studying the game for nearly 4 decades. We have learned how to break down the games skills and concepts to its roots and have developed a curriculum to effectively teach them to players of all levels. Playing hockey is about having fun. It's fun to compete, to improve, to work toward a goal and to achieve it. We hope to have the opportunity to share time with you on the ice this off-season.

The Staff...



The senior staff at Rousseau's Hockey Clinic includes coach Guy Rousseau, his sons, Gary and Scott, his three grandchildren Adam, Erik and Lauren and lead goalie instructor John Racine. The family shares tremendous hockey knowledge, vast experience in teaching hockey players, and a demonstrated commitment to helping Maine hockey players improve. The Rousseau family has been conducting their clinic since 1986, revealing their deep understanding of the details involved with proper skating, puck control, and passing skills, but also revealing their methodical and effective approach in sharing this knowledge with players of all ages.

Rousseau's Hockey Clinic also employs a staff of nearly 30 additional instructors and goalie coaches. All instructors are active in youth hockey organizations across the state and all share the Rousseau's passion for the game.

Finally, a number of current and former Rousseau's Hockey Clinic students help balance our staff while serving as counselors. They are all accomplished players in their divisions and support the practice sessions as role models. In addition to possessing quality hockey skills, all of our counselors are engaging young men and women who provide our students with an important level of personal attention during clinic sessions.



Spring '23 Youth Clinics

Family Ice Center, Falmouth
Norway Savings Bank Arena, Auburn

Rousseau's Hockey Clinic
8 Danbury Drive
Auburn, Maine 04210
(207) 784-2821
www.rousseauhockeyclinic.com



The Program...

Our Youth clinics are divided into three divisions and cater to players between the ages of 5 and 15. The curriculum is progressive and provides the opportunity to apply new skills in a weekly controlled scrimmage.

- **Junior Division:** Ages 5 to 8
The curriculum will focus on skating skills
- **Minor Division:** Ages 8 to 12
The curriculum will have a strong focus on skating skills with an introduction to puck control and passing.
- **Major Division:** Ages 12 to 15
The curriculum will include some power skating skills with more emphasis on agility skating, puck control, passing and an introduction to "Game Skills".

Each division will skate for two hours per week for seven weeks. The first hour will consist of fundamental instruction. During the second hour we will conduct a controlled scrimmage where we will concentrate on increasing the speed of play and offering individual instruction. Between ice hours, we will hold a classroom discussion on various topics including: conditioning; mental preparation; and advanced team play.

Our youth clinics will also include instruction specific to goaltenders. We will have a goalie instructor at each session who will work with the goalies on skills specific to the position. Goalie registered in our Spring clinics will skate at a reduced tuition of \$235.

The cost of each division is \$340 and includes ice time, a high quality jersey, and over 100 combined years of experience in developing hockey players. A deposit of \$150 is due with your application, and the balance is due prior to the first session.

Space is limited and applications will be accepted on a first come, first served basis. We look forward to skating with you this Spring.

Rousseau's Hockey Clinic

Spring 2023 Youth Clinics

Name _____

Address _____

City _____ State _____ Zip _____

Birth Date (mm/dd/yy) _____

Phone _____

E-Mail _____

Current Hockey Org. _____

<u>Shoots</u>	<u>Pref. Position</u>	<u>Jersey Size</u>
<input type="radio"/> Right	<input type="radio"/> Goalie*	<input type="radio"/> Youth XL
<input type="radio"/> Left	<input type="radio"/> Forward	<input type="radio"/> Adult Small
	<input type="radio"/> Defense	<input type="radio"/> Adult Med
		<input type="radio"/> Adult Large
		<input type="radio"/> Adult XL.

Method of Payment
 Check Visa Mastercard Discover

Amount \$ _____

Card Holder Name _____

Billing Addr _____

Billing City _____ Billing Zip _____

Card Number _____

Exp. Date (mm/yy) _____ CVV2 _____

Card Holder Signature _____

Please select desired location and division

Family Ice Center, Falmouth

- Junior Division** (ages 5 to 8) \$340
Saturday Mornings at 8:10 AM, 5/6 to 6/17
- Minor Division** (ages 9 to 11) \$340
Monday Evenings at 6:10 PM, 4/24 to 6/5
- Major Division** (ages 12 to 15) \$340
Wednesday Evenings at 6:10 PM, 4/26 to 6/7

Norway Savings Bank Arena, Auburn

- Junior Division** (ages 5 to 8) \$340
Saturday Mornings at 8:00 AM, 4/29 to 6/10
- Minor Division** (ages 9 to 11) \$340
Thursday Evenings at 6:10 PM, 4/27 to 6/8

Please Return with \$150.00 deposit payable to Rousseau

Submit your application by mail to
 8 Danbury Drive Auburn, Maine 04210,
 or
 by E-Mail to rousseau@roadrunner.com
(Clinic payments are non-refundable after 3/15/23)

Family Discount: The first family member pays the regular tuition; each additional family member receives a 10% discount on the lesser tuition.

* Goalies Skate for a reduced tuition of \$235

I hereby give permission for my child (named above) to participate in the hockey clinic(s) offered by Rousseau's Hockey Clinic, Inc. in the Spring of 2023. In consideration of Rousseau's Hockey Clinic, Inc., its employees, agents, representatives, helpers, sub-contractors and employees (hereinafter "staff"), undertaking to instruct the applicant at a hockey clinic(s) held at the Norway Savings Bank Arena and the Family Ice Center (hereinafter "facilities"), my child (named above) and I agree to assume the risks associated with said hockey clinic(s) and hereby release and forever discharge, and agree to defend, indemnify and hold harmless Rousseau's Hockey Clinic, Inc and its staff and the facilities and their employees, agents, and representatives from any liability, claims, demands, damages, causes of actions or suits of any kind or nature for injuries or damages both to person and property, that may occur as a result of my child's (named above) participation in said hockey clinic(s), including, but not limited to those arising from all acts of negligence or negligent conduct of Rousseau's Hockey Clinic, Inc. its staff and the facilities and their staff as set forth herein. My child and I acknowledge and agree that Rousseau's Hockey Clinic, Inc. and its staff and the facilities and their staff accept no responsibility for or on account of any injury or damage, both to person or property, to my child arising out of all acts of negligence or negligent conduct by Rousseau's Hockey Clinic, Inc. and its staff and the facilities and their staff or otherwise. My child and I acknowledge that this release is intended to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Signature of Legal Guardian: _____ Date: _____