

A Message from the Rousseaus:

This year marks the start of 37 years offering Maine hockey players the opportunity to better enjoy the great game of hockey. What started as a small power skating clinic in 1986 has grown to the states most active hockey school. Since 1986 we have had the privilege to train with more than 10,000 Maine hockey players. Today, Rousseau's Hockey clinic trains nearly 600 hockey players each year.

Our family grew up playing and teaching hockey, and the game has served as a powerful agent in our own personal development. Further, we have made many long-lasting friendships along the way. Hockey has provided us with the opportunity to spend time together and to develop a lifelong emphasis on learning, fitness and growth.

Rousseau's Hockey Clinic began with a core philosophy that players with better skills have more fun playing hockey. We believe that hockey can only truly be enjoyed through hard work and commitment. We added our High School clinics 25 years ago as an opportunity to provide higher skilled players a more advanced and aggressive program. These clinics focus on advanced individual and game skills along with guidance in "off-ice" conditioning. We have helped hundreds of players achieve their goals of playing at a higher level, whether it's their high school varsity team or an aspiration to play in college. What we are most proud of is the relationships that we have developed with these players as we continue to guide their competitive playing careers.

We are a family of hockey coaches and have been studying the game for nearly 4 decades. We have learned how to break down the games skills and concepts to its roots and have developed a curriculum to effectively teach them to players of all levels. Playing hockey is about having fun. It's fun to compete, to improve, to work toward a goal and to achieve it. We hope to have the opportunity to share time with you on the ice this off-season.

The Staff...



The senior staff at Rousseau's Hockey Clinic includes coach Guy Rousseau, his sons, Gary and Scott, his three grandchildren Adam, Erik and Lauren and lead goalie instructor John Racine. The family shares tremendous hockey knowledge, vast experience in teaching hockey players, and a demonstrated commitment to helping Maine hockey players improve. The Rousseau family has been conducting their clinic since 1986, revealing their deep understanding of the details involved with proper skating, puck control, and passing skills, but also revealing their methodical and effective approach in sharing this knowledge with players of all ages.

Rousseau's Hockey Clinic also employs a staff of nearly 30 additional instructors and goalie coaches. All instructors are active in youth hockey organizations across the state and all share the Rousseau's passion for the game.

Finally, a number of current and former Rousseau's Hockey Clinic students help balance our staff while serving as counselors. They are all accomplished players in their divisions and support the practice sessions as role models. In addition to possessing quality hockey skills, all of our counselors are engaging young men and women who provide our students with an important level of personal attention during clinic sessions.



A Family Business
Teaching Hockey
Players Since 1986

Spring 2023 High School Clinic

Family Ice Center, Falmouth

Rousseau's Hockey Clinic
8 Danbury Drive
Auburn, Maine 04210
(207) 784-2821

www.rousseauhockeyclinic.com



The Program...

Our High School clinics is designed for players age 15 to 18 with solid skating and puck skills who will compete at the High School and Prep School level. This clinic is not for beginners.

The curriculum will provide instruction on advanced skating, puck control and passing skills. The focus of this clinic, however, will be on improving the players vision and understanding of game concepts. We will introduce small area games to build player creativity and the ability to see and execute on odd man scoring chances. We will also run game situation drills that will cover concepts to include "D" zone positioning, neutral zone attack and transition, and offensive zone attack and cycling. The tone of the practice sessions will be aggressive and the pace will be very fast.

The High School clinic will skate on Sunday mornings at 9:00 AM to 11:10 at the Family Ice Center in Falmouth. The clinic will begin on Sunday April 30 and will skate for seven consecutive Sunday mornings. This clinic will follow our proven format of weekly two hour ice sessions, a one hour practice followed by a one hour controlled scrimmage. Between hours, we will hold a classroom discussion where we will focus on various topics including conditioning, mental preparation, and advanced team play.

This clinic will also include instruction specific to goaltenders. We will have a goalie instructor at each session who will work with the goalies on skills specific to the position. Goalie registered in our Spring clinics will skate at a reduced tuition of \$235.

The cost is \$340 and includes ice time, a high quality jersey, and over 100 combined years of experience in developing hockey players. A deposit of \$150 is due with your application, and the balance is due prior to the first session.

Space is limited and applications will be accepted on a first come, first served basis. We look forward to skating with you this Spring.

Rousseau's Hockey Clinic

Spring 2023 High School Clinic

W

Name _____

Address _____

City _____ State _____ Zip _____

Birth Date (mm/dd/yy) _____

Phone _____

E-Mail _____

Current Hockey Org. _____

- | <u>Shoots</u> | <u>Prof. Position</u> | <u>Jersey Size</u> |
|-----------------------------|-------------------------------|-----------------------------------|
| <input type="radio"/> Right | <input type="radio"/> Goalie* | <input type="radio"/> Youth XL |
| <input type="radio"/> Left | <input type="radio"/> Forward | <input type="radio"/> Adult Small |
| | <input type="radio"/> Defense | <input type="radio"/> Adult Med |
| | | <input type="radio"/> Adult Large |
| | | <input type="radio"/> Adult XL. |

Method of Payment

-
- Check
-
- Visa
-
- Mastercard
-
- Discover

Amount \$ _____

Card Holder Name _____

Billing Addr _____

Billing City _____ Billing Zip _____

Card Number _____

Exp. Date (mm/yy) _____ CVV2 _____

Card Holder Signature _____

High School Division - \$340

Family Ice Center, Falmouth

This clinic is designed for accomplished High School age hockey players. This division will skate every Sunday mornings at 9:00 AM to 11:10 AM beginning April 30 though June 11

Family Discount: The first family member pays the regular tuition; each additional family member receives a 10% discount on the lesser tuition.

* Goalies Skate for a reduced tuition of \$235

Please Return with \$150.00 deposit payable to Rousseau

Submit your application by mail to
8 Danbury Drive Auburn, Maine 04210,
or

by E-Mail to rousseau@roadrunner.com

(Clinic payments are non-refundable after 3/15/23)

I hereby give permission for my child (named above) to participate in the hockey clinic(s) offered by Rousseau's Hockey Clinic, Inc. in the Spring of 2023. In consideration of Rousseau's Hockey Clinic, Inc., its employees, agents, representatives, helpers, sub-contractors and employees (hereinafter "staff"), undertaking to instruct the applicant at a hockey clinic(s) held at the Norway Savings Bank Arena and the Family Ice Center (hereinafter "facilities"), my child (named above) and I agree to assume the risks associated with said hockey clinic(s) and hereby release and forever discharge, and agree to defend, indemnify and hold harmless Rousseau's Hockey Clinic, Inc and its staff and the facilities and their employees, agents, and representatives from any liability, claims, demands, damages, causes of actions or suits of any kind or nature for injuries or damages both to person and property, that may occur as a result of my child's (named above) participation in said hockey clinic(s), including, but not limited to those arising from all acts of negligence or negligent conduct of Rousseau's Hockey Clinic, Inc. its staff and the facilities and their staff as set forth herein. My child and I acknowledge and agree that Rousseau's Hockey Clinic, Inc. and its staff and the facilities and their staff accept no responsibility for or on account of any injury or damage, both to person or property, to my child arising out of all acts of negligence or negligent conduct by Rousseau's Hockey Clinic, Inc. and its staff and the facilities and their staff or otherwise. My child and I acknowledge that this release is intended to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Signature of Legal Guardian: _____ Date: _____