

## A Message from the Rousseaus:

This year marks the start of nearly four decades offering Maine hockey players the opportunity to better enjoy the great game of hockey. What started as a small power skating clinic in 1986 has grown to the states most active hockey school. Since 1986 we have had the privilege to train with more than 10,000 Maine hockey players. Today, Rousseau's Hockey clinic trains nearly 600 hockey players each year.

Our family grew up playing and teaching hockey, and the game has served as a powerful agent in our own personal development. Further, we have made many long-lasting friendships along the way. Hockey has provided us with the opportunity to spend time together and to develop a lifelong emphasis on learning, fitness and growth. Rousseau's Hockey Clinic is a family run hockey school, and we consider ourselves fortunate to still be able to skate with our Dad and with each other and to have the opportunity to share the same experiences with our own children.

Rousseau's Hockey Clinic began with a core philosophy that players with better skills have more fun playing hockey. We believe that hockey can only truly be enjoyed through hard work and commitment.

We began offering girls clinics in 2005. Our objective was to offer hockey programs that are on par with our boys and co-ed groups with regard to instruction and skill development and to create an environment where girls can be more comfortable developing their skills among their peers.

Each year we receive several testimonials from past students sharing their positive experience with our program and the advances that they have made in their hockey skills and enjoyment of the game. What really warms our hearts are the experiences that they share citing the impact that our program and teachings had on their lives and how they are now passing these values on to their children.

We are a family of hockey coaches and have been studying the game for 4 decades. We have learned how to break down the games skills and concepts to its roots and have developed a curriculum to effectively teach them to players of all levels. Playing hockey is about having fun. It's fun to compete, to improve, to work toward a goal and to achieve it. We hope to have the opportunity to share time with you on the ice this off-season.

## The Staff...



The senior staff at Rousseau's Hockey Clinic includes coach Guy Rousseau, his sons, Gary and Scott, his three grandchildren Adam, Erik and Lauren and lead goalie instructor John Racine. The family shares tremendous hockey knowledge, vast experience in teaching hockey players, and a demonstrated commitment to helping Maine hockey players improve. The Rousseau family has been conducting their clinic since 1986, revealing their deep understanding of the details involved with proper skating, puck control, and passing skills, but also revealing their methodical and effective approach in sharing this knowledge with players of all ages.

Rousseau's Hockey Clinic also employs a staff of nearly 30 additional instructors and goalie coaches. All instructors are active in youth hockey organizations across the state and all share the Rousseau's passion for the game.

Finally, a number of current and former Rousseau's Hockey Clinic students help balance our staff while serving as counselors. They are all accomplished players in their divisions and support the practice sessions as role models. In addition to possessing quality hockey skills, all of our counselors are engaging young men and women who provide our students with an important level of personal attention during clinic sessions.

# Spring 2025 "Girls Clinic"

Family Ice Center, Falmouth



A Family Business  
Teaching Hockey  
Players Since 1986

**Rousseau's Hockey Clinic**  
8 Danbury Drive  
Auburn, Maine 04210  
(207) 784-2821  
[www.rousseauhockeyclinic.com](http://www.rousseauhockeyclinic.com)



## The Program...

Our "Girls" division is intended for Middle School and High School age girls. This division is also open to adult women. The curriculum will focus on skating and will progress to puck control and passing skills. The pace of practice will be fast, however the tone will be slightly less intimidating.

Our "Girls Clinic" will skate on Sunday mornings at 9:00 AM at the Family Ice Center in Falmouth. The clinic will begin on Sunday April 27 and will skate for seven consecutive Sunday mornings through June 8. This clinic will follow our proven format of weekly two hour ice sessions, a one hour practice followed by a one hour controlled scrimmage. Between hours, we will hold a classroom discussion where we will focus on various topics including conditioning, mental preparation, and advanced team play.

This clinic will also include instruction specific to goaltenders. We will have a goalie instructor at each session who will work with the goalies on skills specific to the position. Goalie registered in our Spring clinics will skate at a reduced tuition of \$260.

The cost is \$375 and includes ice time, a high quality jersey, and over 100 combined years of experience in developing hockey players. A deposit of \$150 is due with your application, and the balance is due prior to the first session.

Space is limited and applications will be accepted on a first come, first served basis. We look forward to skating with you this Spring.

# Rousseau's Hockey Clinic

## Spring 2025 "Girls Clinics"

W

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Birth Date (mm/dd/yyyy) \_\_\_\_\_

Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Current Hockey Org. \_\_\_\_\_

<u>Shoots</u>	<u>Prof. Position</u>	<u>Jersey Size</u>
<input type="radio"/> Right	<input type="radio"/> Goalie*	<input type="radio"/> Youth XL
<input type="radio"/> Left	<input type="radio"/> Forward	<input type="radio"/> Adult Small
	<input type="radio"/> Defense	<input type="radio"/> Adult Med
		<input type="radio"/> Adult Large
		<input type="radio"/> Adult XL.

Method of Payment

 Check  Visa  Mastercard  Discover

Amount \$ \_\_\_\_\_

Card Holder Name \_\_\_\_\_

Billing Addr \_\_\_\_\_

Billing City \_\_\_\_\_ Billing Zip \_\_\_\_\_

Card Number \_\_\_\_\_

Exp. Date (mm/yy) \_\_\_\_\_ CVV2 \_\_\_\_\_

Card Holder Signature \_\_\_\_\_

## Girls Clinic - \$375

### Family Ice Center, Falmouth

Designed for middle school and high school age girls and adult women. This division will skate every Sunday morning at 10:30 AM to 12:40 PM beginning April 27 though June 8.

**Family Discount:** The first family member pays the regular tuition; each additional family member receives a 10% discount on the lesser tuition.

\* Goalies Skate for a reduced tuition of \$260

**Please Return with \$150.00 deposit payable to Rousseau**

Submit your application by mail to  
8 Danbury Drive Auburn, Maine 04210

or

by E-Mail to [rousseau@roadrunner.com](mailto:rousseau@roadrunner.com)

(Clinic payments are non-refundable after 3/15/25)

I hereby give permission for my child (named above) to participate in the hockey clinic(s) offered by Rousseau's Hockey Clinic, Inc. in the Spring of 2025. In consideration of Rousseau's Hockey Clinic, Inc., its employees, agents, representatives, helpers, sub-contractors and employees (hereinafter "staff"), undertaking to instruct the applicant at a hockey clinic(s) held at the Norway Savings Bank Arena and the Family Ice Center (hereinafter "facilities"), my child (named above) and I agree to assume the risks associated with said hockey clinic(s) and hereby release and forever discharge, and agree to defend, indemnify and hold harmless Rousseau's Hockey Clinic, Inc and its staff and the facilities and their employees, agents, and representatives from any liability, claims, demands, damages, causes of actions or suits of any kind or nature for injuries or damages both to person and property, that may occur as a result of my child's (named above) participation in said hockey clinic(s), including, but not limited to those arising from all acts of negligence or negligent conduct of Rousseau's Hockey Clinic, Inc. its staff and the facilities and their staff as set forth herein. My child and I acknowledge and agree that Rousseau's Hockey Clinic, Inc. and its staff and the facilities and their staff accept no responsibility for or on account of any injury or damage, both to person or property, to my child arising out of all acts of negligence or negligent conduct by Rousseau's Hockey Clinic, Inc. and its staff and the facilities and their staff or otherwise. My child and I acknowledge that this release is intended to be a complete and unconditional release of all liability to the greatest extent allowed by law.

Signature of Legal Guardian: \_\_\_\_\_ Date: \_\_\_\_\_